

STUDENT NEWSLETTER

Security

Students are reminded that lanyards are to be worn at all times on site

Takeaway food is not permitted on site (such as - pizza, McDonalds, chip shop etc)



Umbrella Sexual Health

Umbrella will be located in Student Reception on the below dates!

umbrella

Free sexual health services
Including Sexually Transmitted Infection Tests and Protection.

January 17th 9.30-12.00
January 30th 9.30-12.00
February 5th 9.30-12.00
February 26th 9.30-12.00
March 12th 9.30-12.00

They will be located on the above dates and times in the Student Reception

New Student Union Leaders!

Introducing Badhia and Khulud – your new student leaders at Cadbury Sixth Form College.

Badhia steps into the role of Student President alongside Khulud as Vice President, and they're already full of energy and ideas to enhance your student experience.

From championing student voices to launching initiatives that bring our community closer together, their vision is all about creating positive change for everyone at the college.

We can't wait to see what they accomplish this year – stay tuned for updates as they lead the way!



Our Monthly Competition: Choose The Best Caption!



We are introducing our monthly competition! This month is chose the best caption.

To be in with the chance of winning free breakfast from our canteen for a week, come up with the best caption for the photo of our Deputy Principal, Ian Vogel with our very own Santa!

You can submit your best caption to:
megan.shanahan@cadbury.ac.uk

We will then chose the best caption and get back to the winner via email/text message. All captions must be submitted by Wednesday 15th February at 12pm.



Mentoring

College Mentors

A mentor at college can support, advise and guide you, helping you to gain life skills and achieve your full potential.

Mentors can support with things like:



Scan here



cadbury sixth
form college
SERVING THE CITY OF BIRMINGHAM

Bullying
Personal Concerns
Behaviour Support
Low self
esteem/confidence
Social Difficulties
Physical/Mental
Health Issues
Anger Management



Whether you're seeking help with behaviour, managing college life, or simply need someone to talk to, our mentors are here to offer a listening ear and guidance.

No matter what's on your mind, you'll find a supportive mentor who respects your pace and ensures you feel heard.

Our goal is to empower you to face challenges confidently, knowing that you have the student support team behind you.

If you would like to speak to a college mentor, please scan the QR code here





The New Student Support Hub in C.03!

Don't forget that we have a brand-new Student Support Hub. Located in C Block, the Student Support Hub brings together our dedicated team of Student Support Officers, Mentors, and College Ambassadors—all in one convenient space.

We understand that college life can sometimes feel overwhelming, and it's natural to experience moments of anxiety. That's why we've created a welcoming, relaxed space where you can feel at ease during your mentoring sessions and 1:1 sessions with the SSOs.

While the Student Support Hub is a welcoming space, it's important to note that it's not intended to be a hangout spot during break times. The Hub is specifically designed to provide structured support and mentoring sessions.



Student Union Enrichment Section

First Students' Council Meeting

The below images are just a snippet of the inaugural Students' Council meeting, highlighting active student engagement in discussing their college experiences and ideas for improvement. A diverse group of students can be seen participating in a productive dialogue facilitated by the Students' Union.



Winter Fayre

The Students' Union organised a Winter Fayre. The festive atmosphere that included decorations, Santa Claus, cheerful student volunteers and creating a fun and welcoming event for the college community.



Donation to Women's Aid Charity

The Students' Union's commitment to giving back was shown, by members donating essential supplies to Women's Aid Charity. This act of kindness demonstrates the union's dedication to supporting vulnerable individuals in the wider community.

Graphics Student Success

Two of our students, Josh and Imogen, first year graphics students, won a competition designing Rea Valley Partnerships new logo that will be displayed across several NHS surgeries in South Brmingham as part of a wider healthcare trust.

This is a major achievement!

The directors of the organisation commented on the professionalism and high standard of work they achieved and are thrilled with the overall result. Both students were awarded a £125 Amazon voucher as a token for their hard work, but more importantly an achievement that can go in their personal and professional portfolios for the rest of their lives. Well done both!



Student Support Column

GET TO KNOW THE SSO's



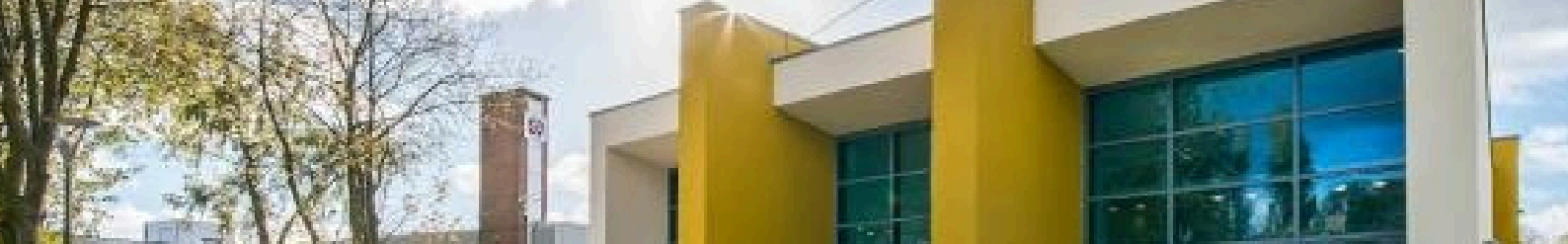
Did you know you can email our SSOs? If you have any questions or need any assistance you can email them!

SSO email

We're excited to share a new way for both students and staff to connect with our dedicated Student Support Officers. Whether you have a question, need guidance, or require assistance from a student support officer, please drop an email to

Studentsupport@cadbury.ac.uk





T-level News

The T-level Business Leadership and Management, T-level Early Years and T-level Digital groups recently took part in an engaging and impactful Speakers Trust workshop. The session helped students enhance their public speaking skills, boosting their confidence and equipping them with valuable techniques for future success.

Students found the workshop both fun and practical, taking away skills that will benefit them in both their careers and academic pursuits.

This aligns with the hands-on approach of T-levels at the Young Professional Academy, ensuring students gain real-world experience that prepares them for placements and beyond.



Nav Sharma and Femi Oriji. Both Nav and Femi work within the NHS participation and careers team. Our T level health students attended their talk which was mostly focused around career pathways into the NHS. Students found the talk helpful and informative. Nav and Femi shared tips on applying for jobs, writing personal statements and interview techniques.



LGBTQ+ History Month Activities

February marks LGBTQ+ History Month. A month to celebrate and promote inclusion and diversity at Cadbury College. As part of this celebration the following activities will be happening to increase visibility and foster an environment of acceptance and inclusion.

10th February 2025

A film screening of 'Pride.' A true story, it depicts a group of gay and lesbian activists who raised money to help families affected by the British miners' strike in 1984. This will be shown on Monday 10th February at 3:40pm in the Lauren Crace Theatre. Drinks and snacks will be available. Anyone welcome!

Historical LGBTQ+ figures

Cadbury Visitor's Reception will be 'rainbow-fied' and an exhibition of key historical figures from the LGBTQ+ community will be displayed as part of the appreciation of the influence of key figures on the modern world.

Why I'm an Ally?

Staff members photos and reasons for why they are an ally of the LGBTQ+ community will also be exhibited across Visitor Reception.

Tutorial Information

Information in tutorials about support services, etc will be available to offer support to anyone in the college that needs it.

Youth Pride Network

Look out for more information on a student-led Pride group that will drive further events and policy changes within the college- watch this space.



Careers

Well done to everyone who has submitted their UCAS Application! Wishing you all good luck whilst waiting for offers.

Any queries, please do come and see us in the Careers Hub.

We are also really pleased to announce a new addition to the Careers Team...Lucy Richardson.

Some of you may recognise Lucy from her previous role as Schools Liaison Officer for the College. Please do pop in and say hi 😊



Upcoming Events:

National Apprenticeship Week – 10th – 14th February. Keep your eyes peeled for invitations during this week to learn more about Apprenticeships. Opportunities will include sessions with HSBC, insights from our Apprenticeships Team at Sandwell & advice on how to get into Apprenticeships from our Careers Team!

Managing Exam Stress

Deep Breathing: Practice slow, deep breaths (e.g. inhale for 4 seconds, hold for 4, exhale for 4) to calm your nervous system.

Mindfulness: Take a few minutes to focus on the present moment—use grounding techniques like noticing five things you can see, hear, or touch.

Positive Visualisation: Imagine yourself confidently walking into the exam and successfully completing it, which can boost your self-confidence.

Breaks and Movement: Take short, regular breaks and stretch or walk around to release tension and re-energize.

Good Sleep: Aim for 7-8 hours of quality sleep the night before an exam to improve concentration and memory.

Limit Caffeine: Avoid excessive caffeine as it can increase anxiety; stick to moderate amounts.

Organised Revision: A structured study schedule reduces the feeling of being overwhelmed and increases productivity.

Talk to Someone: Share your feelings with a friend or family member to release tension and gain perspective.



Bursary Applications

There seems to have been a rumour that the deadline for applications to be made has passed – it has not.

There is a “cut-off” point for each term in order to be eligible for the termly £70 ASDA award, but new applications are accepted until the end of May.

The final closing date for all applications is, Friday 16th May 2025.

Termly Closure Dates:

Term 1: Sunday 10th November 2024

Term 2: Sunday 23rd February 2025

Term 3: Friday 16th May 2025



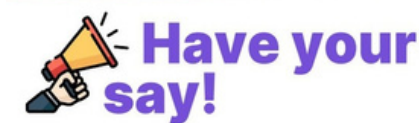
In order for you to be eligible for funding in the term you applied you **MUST** supply evidence in that term. If you supply evidence after the termly deadline, you will not be eligible for funding until the following term. All Evidence must be submitted by Friday 16th May 2025 for eligibility

Just remember:

- 1) COMPLETE ALL SECTIONS OF THE FORM
- 2) ATTACH THE CORRECT AND VALID EVIDENCE
- 3) IF YOU ARE APPLYING FOR UCAS AND HAVE NOT APPLIED FOR BURSARY YET – YOU WILL HAVE TO PAY YOUR OWN FEE NOW – IT IS TOO LATE FOR YOUR APPLICATION TO BE ELIGIBLE.

Any queries about applying, please go to Student Central and speak to Amanda, Debra or Mia who will help you with any information you need.

Have your say



Scan the QR code to complete our survey.

We want to hear **your views** on **your experience** at the College.

Think carefully about your responses, as we will use them to make College **even better!**



We want to hear what you have to say!

Work Experience Week

Work experience is a chance for you to:

- try out career ideas and rule out options
- find out more about your strengths, values, motivations and interests
- it is an excellent way to develop your skills such as teamwork and problem solving
- it is also great to gain a better understanding of a career and work place
- it also looks great on your cv. Employers all want someone with work experience
- students need to do 30 hours of work experience as part of their course. Please speak to your tutor for more guidance. Work experience can be arranged during week commencing 16th June 2025, or earlier by prior engagement with teachers.

Upcoming Events



What's On!

Young Brum Changemakers

RISE UP FOR BRUM! BE PART OF THE CHANGE!

WANT TO MAKE A REAL IMPACT IN YOUR COMMUNITY?
THIS ISN'T JUST ANOTHER CLUB- IT'S A MOVEMENT LED BY YOU!

SPEAK OUT ON ISSUES THAT MATTER – like
MENTAL HEALTH GENDER INEQUALITIES
CLIMATE CHANGE SOCIAL JUSTICE SAFETY

TURN IDEAS INTO ACTION – plan projects, make change, and see your impact.
BUILD SKILLS FOR LIFE – gain leadership experience, confidence, and teamwork skills.

EACH SESSION IS SHAPED BY YOUR IDEAS, YOUR VOICE AND YOUR PASSION

SIGN UP HERE: [QR CODE]

FIRST SESSION IS: THURSDAY 23RD JANUARY

EVERY THURSDAY 3:45 PM TIL 5
ROOM E0.5

FOR MORE INFO TEXT OR EMAIL CARLI AT: CARLI@INUNITYUK.ORG 07737300426

Wardrobe Wednesday

High quality second hand items available.

Every Wednesday starting 22nd January located in Student Central by Student Reception.

Donations of washed, good condition clothing are always welcome from staff and students. They can be dropped off at Student Central by Student Reception.

Wednesdays 4.00 PM – 6.00 PM EAST BLOCK/SPORTSHALL

SAFE HAVEN
UNITE INSPIRE ACHIEVE

Spring 1 Term – Sports

22ND JAN – BASKETBALL
29TH JAN – FOOTBALL
5TH FEB – ARCHERY
12TH FEB – DODGEBALL

GAMING
WEEKLY ARTS & CRAFTS
WEEKLY YOGA & WELLNESS SESSIONS

All sports sessions are beginner friendly. Come along and try something new!

Sign Up [QR CODE]